

There are three things that by doing them no harm will befall a person

Imam Sadiq (pbuh):

There are three things that by doing them no harm will befall a person: praying at the time of distress, seeking forgiveness at the time of sin and being thankful at the time of blessings.

[Usul Kafi, vol. 2, p. 95, no. 7]

And when your Lord proclaimed, "If you are grateful, I will surely enhance you [in blessing], but if you are ungrateful, My punishment is indeed severe."

[Quran, V 7, Surah Ibrahim]

Allah does not impose upon any soul a duty but to the extent of its ability; for it is (the benefit of) what it has earned and upon it (the evil of) what it has wrought: Our Lord! do not punish us if we forget or make a mistake; Our Lord! do not lay on us a burden as Thou didst lay on those before us, Our Lord do not impose upon us that which we have not the strength to bear; and pardon us and grant us protection and have mercy on us, Thou art our Patron, so help us against the unbelieving people.

[Quran, Verse 286, Surah Al-Baqarah]

When My servants ask you about Me, [tell them that] I am indeed nearest. I answer the supplicant's call when he calls Me. So let them respond to Me, and let them have faith in Me, so that they may fare rightly.

[Quran, V 186, Sura Al-Baqarah]

Messenger of God (pbuhahf):

Ask forgiveness a lot, for it brings sustenance.

(Kanz al-Fawa'id v. 2, p. 197)

Messenger of God (pbuhahf):

He who does not thank people does not thank God.

[Kitab Man la yahduruh al-faqih, Part 4, p. 380]

Messenger of God (pbuhahf):

When someone supplicates, he should pray for everyone, for it renders his supplication more conducive to being answered, and whoever precedes forty from among his brothers in supplication before supplicating for himself, his supplication for them as well as himself will duly be answered.

[Bihar Al-Anwar: 93/313/17]

Imam Ali (pbuh):

By being generous and kind, there will be an increase of sustenance and friendship.

[Ghurar Al-Hikam: 6161]

Imam Ali (pbuh):

By being generous blessings continue for a long time.[Ghurar al-Hikam, no. 4344]

Imam Ali (pbuh):

Avoid ignoring blessings because every thing,that goes away will not return.

[Nahjul Balagha Hikmat 246]

Imam Ali (pbuh):

A believer always remembers [Allah], frequently contemplates, is thankful for the blessings and is patient in the face of tribulations.

[Ghurar Al-Hikam: 1933]

Imam Ali (pbuh):

I wonder about the man who loses hope despite the possibility of seeking forgiveness.[Nahjul Balagha H. 87]

Imam Ali (pbuh):

The most beloved deed to God Glory be to Him on earth is supplication.

[Makarim Al-Akhlaq: vol. 2, p. 9, h. 1985]

Imam Sadiq (pbuh):

A man's prayer for his brother in his absence is a source of plenty of sustenance and wards off harm.

[Makarim Al-Akhlaq (Chapter: Supplications) V 1, p 275]